

## Day 1 – Wednesday May 6th

Time	Activity	Location
09.00 – 09.45	Morning coffee and registration	Foyer outside the Chamber music hall
09.45 – 10.00	Opening remarks	Chamber music hall
10.00 – 11.00	<b>Welcome lecture</b> Professor Peter Vuust The neuroscience of music	Chamber music hall
11.00 – 11.30	Coffee break	Foyer outside the Chamber music hall
11.30 – 11.45	<b>Musical interlude 1</b> Rebecca Vats Jonsson, classical guitar	Chamber music hall
11.45 – 13.00	<b>Talk Session 1: Music as a sleep aid</b> <ul style="list-style-type: none"> <li>• Jason Doescher: Impacts of guided audio interventions on sleep quality: A distributed longitudinal pilot study</li> <li>• Leonardo Muller-Rodriguez: SLEEP-ON: Personalised bedtime music and multimodal sleep–biology assessment in dementia - a feasibility reversal case series study</li> <li>• Kira Vibe Jespersen: How can music aid sleep? A framework for understanding the psychobiological mechanisms underlying the effect of music as a sleep aid</li> </ul>	Chamber music hall
13.00 – 14.15	Lunch	Royal Academy of Music 4 <sup>th</sup> floor
14.15 – 15.00	<b>Poster Session 1</b> Mixed topic poster session	Chamber music hall
15.00 – 15.30	Coffee break	Foyer outside the Chamber music hall
15.30 – 17.00	<b>Workshop 1: Music for sleep in hospitals</b> Helle Nystrup Lund, Aalborg University Hospital Line Malmskov, Bispebjerg Hospital	
17.00 – 18.30	Welcome reception	Royal academy of music 4 <sup>th</sup> floor and roof terrace
20.00 – 21.30	<b>Somnosphere</b> Audiovisual installation created by the Lullabyte Doctoral Candidates.	Chamber music hall

## Day 2 – Thursday May 7th

Time	Activity	Location
09.00 – 10.00	<b>Keynote Lecture 1</b> Professor Mélanie Strauss When the Sleeping Brain Keeps Listening: Predictive Coding of Sound Across Sleep	Chamber music hall
10.00 – 11.00	<b>Talk Session 2: Home use of sleep music</b> <ul style="list-style-type: none"> <li>Rory Kirk: The reasons and aims for listening to music for sleep: results from an ESM study</li> <li>Silvia Genovese: The Influence of Individual Factors on the Choice of Sleep Music: Modelling Musical Features of Sleep Music from Demographics, Music Preferences and Habits, and Psychological Factors</li> </ul>	Chamber music hall
11.00 – 11.30	Coffee break	Foyer outside the Chamber music hall
11.30 – 11.45	<b>Musical interlude 2</b> Bloom (Sarah Solow, vocals, & Tobias Møller, guitar)	Chamber music hall
11.45 – 13.00	<b>Talk Session 3: Sleep music neuroscience</b> <ul style="list-style-type: none"> <li>Michelle George: Investigating Perceptual Transformation and Implicit Memory Formation using the Speech-to-Song illusion in NREM Sleep</li> <li>Annika Parmann: The Influences of Musical Preferences on Brain Responses During Sleep</li> <li>Alexandre Celma-Miralles: Nap time with music! Neural synchronization to music in sleep-onset insomnia patients</li> </ul>	Chamber music hall
13.00 – 14.15	Lunch	Royal Academy of Music 4 <sup>th</sup> floor
14.15 – 15.00	<b>Poster Session 2</b> Mixed topic poster session	Chamber music hall
15.00 – 15.30	Coffee break	Foyer outside the Chamber music hall
15.30 – 17.00	<b>Workshop 2: SLUMBER: A Framework for Home-Based Sleep Experiments Offering Dynamic Delivery of Auditory Stimuli</b> Tinke van Buijtene, Universitat Pompeu Fabra Samuel Morgan, University of Stuttgart Ali Saberi, Radboud University Medical Center	Chamber music hall
19.00 – 22.00	Conference dinner	Malt Ceresbyen 68c 8000 Aarhus C

## Day 3 – Friday May 8th

<b>Time</b>	<b>Activity</b>	<b>Location</b>
09.00 – 10.00	<b>Keynote Lecture 2</b> Professor Marcus Pierce Learning to listen, Listening to learn: Modelling musical perception and pleasure	Chamber music hall
10.00 – 11.00	<b>Talk Session 4: Sleep music analysis</b> <ul style="list-style-type: none"><li>Jonathan Stumber: Sleep Music Revisited: Open-Source Audio Feature Analysis of Universal Patterns and Subgroups</li><li>Tristan O’Leary: Sounding a Safe Space: Exploring the Spatial Experience of Music for Sleep</li></ul>	Chamber music hall
11.00 – 11.30	Coffee break	Foyer outside the Chamber music hall
11.30 – 12.45	<b>Talk Session 5: Lullabies</b> <ul style="list-style-type: none"><li>Sunday Akande: Auditory Perception, Sleep, and Yoruba Folk Lullabies: A Cultural and Sound-Analytical Study</li><li>Franziska Weigert: Lullaby formula(s) – Music-Analytical Explorations of German Lullabies from the Long 19th Century</li><li>Miriam Akkermann: « Lullabies of Berlin » – a mirror of cultural memory and a bridge to lullaby singing practices</li></ul>	Chamber music hall
11.45 – 13.00	<b>Concluding remarks</b>	Chamber music hall
13.00 – 14.00	Lunch and goodbye	Royal Academy of Music 4 <sup>th</sup> floor