

Day 1 – Wednesday May 6th

Time	Activity	Location
09.00 – 09.45	Morning coffee and registration	Foyer outside the Chamber music hall
09.45 – 10.00	Opening remarks	Chamber music hall
10.00 – 11.00	Welcome lecture Professor Peter Vuust The neuroscience of music	Chamber music hall
11.00 – 11.30	Coffee break	Foyer outside the Chamber music hall
11.30 – 11.45	Musical interlude 1 Rebecca Vats Jonsson, classical guitar	Chamber music hall
11.45 – 13.00	Talk Session 1: Music as a sleep aid <ul style="list-style-type: none">• Chair: Miriam Akkermann• Jason Doescher: Impacts of guided audio interventions on sleep quality: A distributed longitudinal pilot study• Leonardo Muller-Rodriguez: Measuring objective and subjective sleep quality in informal dementia caregivers with bedtime music: A feasibility reversal case series• Kira Vibe Jespersen: How can music aid sleep? A framework for understanding the psychobiological mechanisms underlying the effect of music as a sleep aid	Chamber music hall
13.00 – 14.15	Lunch	Royal Academy of Music 4 th floor
14.15 – 15.00	Poster Session 1 Mixed topic poster session	Chamber music hall
15.00 – 15.30	Coffee break	Foyer outside the Chamber music hall
15.30 – 17.00	Workshop 1: Music for sleep in hospitals Helle Nystrup Lund, Aalborg University Hospital Line Malmskov, Bispebjerg Hospital	
17.00 – 18.30	Welcome reception	Royal academy of music 4 th floor and roof terrasse
20.00 – 21.30	Somnosphere Audiovisual installation created by the Lullabye Doctoral Candidates.	Chamber music hall

Day 2 – Thursday May 7th

Time	Activity	Location
09.00 – 10.00	Keynote Lecture 1 Professor Mélanie Strauss When the Sleeping Brain Keeps Listening: Predictive Coding of Sound Across Sleep	Chamber music hall
10.00 – 11.00	Talk Session 2: Home use of sleep music <ul style="list-style-type: none"> Chair: Sandra Pauletto Rory Kirk: The reasons and aims for listening to music for sleep: results from an ESM study Silvia Genovese: The Influence of Individual Factors on the Choice of Sleep Music: Modelling Musical Features of Sleep Music from Demographics, Music Preferences and Habits, and Psychological Factors 	Chamber music hall
11.00 – 11.30	Coffee break	Foyer outside the Chamber music hall
11.30 – 11.45	Musical interlude 2 Bloom (Sarah Solow, vocals, & Tobias Møller, guitar)	Chamber music hall
11.45 – 13.00	Talk Session 3: Sleep music neuroscience <ul style="list-style-type: none"> Chair: Björn Rasch Michelle George: Investigating Perceptual Transformation and Implicit Memory Formation using the Speech-to-Song illusion in NREM Sleep Annika Parmann: The Influences of Musical Preferences on Brain Responses During Sleep Alexandre Celma-Miralles: Nap time with music! Neural synchronization to music in sleep-onset insomnia patients 	Chamber music hall
13.00 – 14.15	Lunch	Royal Academy of Music 4 th floor
14.15 – 15.00	Poster Session 2 Mixed topic poster session	Chamber music hall
15.00 – 15.30	Coffee break	Foyer outside the Chamber music hall
15.30 – 17.00	Workshop 2: SLUMBER: A Framework for Home-Based Sleep Experiments Offering Dynamic Delivery of Auditory Stimuli Tinke van Buijtene, Universitat Pompeu Fabra Samuel Morgan, University of Stuttgart Ali Saberi, Radboud University Medical Center	Chamber music hall
19.00 – 22.00	Conference dinner	Malt Ceresbyen 68c 8000 Aarhus C

Day 3 – Friday May 8th

Time	Activity	Location
09.00 – 10.00	Keynote Lecture 2 Professor Marcus Pierce Learning to listen, Listening to learn: Modelling musical perception and pleasure	Chamber music hall
10.00 – 11.00	Talk Session 4: Sleep music analysis <ul style="list-style-type: none">• Chair: Dirk Pflüger• Jonathan Stumber: Sleep Music Revisited: Open-Source Audio Feature Analysis of Universal Patterns and Subgroups• Tristan O’Leary: Sounding a Safe Space: Exploring the Spatial Experience of Music for Sleep	Chamber music hall
11.00 – 11.30	Coffee break	Foyer outside the Chamber music hall
11.30 – 12.45	Talk Session 5: Lullabies <ul style="list-style-type: none">• Chair: Perfecto Herrera• Sunday Akande: Auditory Perception, Sleep, and Yoruba Folk Lullabies: A Cultural and Sound-Analytical Study• Franziska Weigert: Lullaby formula(s) – Music-Analytical Explorations of German Lullabies from the Long 19th Century• Miriam Akkermann: « Lullabies of Berlin » – a mirror of cultural memory and a bridge to lullaby singing practices	Chamber music hall
12.45 – 13.00	Concluding remarks	Chamber music hall
13.00 – 14.00	Lunch and goodbye	Royal Academy of Music 4 th floor